

Career Exploration and Student Success Toolkit

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Career Research

Gathering information is a critical step in making an effective career decision. Considering all the knowledge you now possess about yourself and possible careers, narrow your list to a few careers you would like to explore further. Use the resources in the toolkit to complete this exercise. Do not limit yourself to the information requested. Add information if it is helpful to you.

The goal of this exercise is for you to take time to explore careers in depth and add this “career knowledge” to your “self-knowledge” to further your career journey. Ask yourself, “Can I really see myself in this career?” “Would I be passionate about my career or would it just be a ‘job’?” If applicable, how does your military experience fit into these careers?

Below are three copies of the Career Research worksheet to fill in information for up to three careers.

If you have more than three careers chosen, print additional copies of the worksheet.

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Career Research Worksheet

Career Title:	
Provide a brief description of the job. Include the nature of the work, environment, responsibilities, average work week, etc.	
Describe key skills, abilities, and personality traits important for this career.	Skills and abilities: Personality traits:
What is the average or median salary range for this career both nationally and locally?	National: Local:
What is the outlook for the future of this career? Does research show growth or decline in hiring?	
Describe the education and training required for this position. Are there any licenses or certifications required?	
What is your overall impression of this occupation?	Pros: Cons:
After learning more about this career, are you still interested? Would this career fit with the lifestyle you want? Does it match your interests, personality, skills and work values?	<input type="checkbox"/> Still Interested <input type="checkbox"/> Not Interested (skip question below) This career is a good match for me because:
List two occupations that are similar that you may be interested in researching.	Similar careers: 1. 2.

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